



BREAKFAST

Food subject to change due to food availability



SEPTEMBER 2025

Sidney High School

Low-fat and fat free milk
offered daily with all meals

Monday

Labor Day
(No School)

Tuesday

Pancake on a Stick
Fresh Fruit/Cup
Fruit Juice

Wednesday

Omelets
Fresh Fruit/Cup
Fruit Juice

Thursday

Biscuits and Gravy
Fresh Fruit/Cup
Fruit Juice

Friday

Donuts
Fresh Fruit/Cup
Fruit Juice

1

2

3

4

5

8

No School

9

French Toast
Fresh Fruit/Cup
Fruit Juice

10

Biscuits
Fresh Fruit/Cup
Fruit Juice

11

Biscuits and Gravy
Fresh Fruit/Cup
Fruit Juice

12

Frudels
Fresh Fruit/Cup
Fruit Juice

15

No School

16

Cereal Bar
Fresh Fruit/Cup
Fruit Juice

17

Breakfast Pizza
Fresh Fruit/Cup
Fruit Juice

18

Biscuits and Gravy
Fresh Fruit/Cup
Fruit Juice

19

Cinnamon Rolls
Fresh Fruit/Cup
Fruit Juice

22

No School

23

Ham Egg and Cheese
Bar
Fresh Fruit/Cup
Fruit Juice

24

Waffles
Fresh Fruit/Cup
Fruit Juice

25

Biscuits and Gravy
Fresh Fruit/Cup
Fruit Juice

26

Scrambled Eggs and
Sausage
Fresh Fruit/Cup
Fruit Juice

29

No School

30

Pancake on a Stick
Fresh Fruit/Cup
Fruit Juice



This institution is an equal opportunity provider